



A Mothers *Voice*

3rd August 2026

God is always there for us

Sometimes life can be a battle. We feel ill, we have struggles, we can't cope, nothing seems to go right.

God is **always** at work and bringing us hope, strengthening our hearts, and drawing people closer to Himself, usually when we are at rock bottom.

God will keep you focused, worship and spend time with God.
God will change lives, He brings hope where there is despair and peace where there is uncertainty.

We are all searching for hope.

God will give us hope, just ask Him.

God led Noah and his family through the storm and into a New beginning. Noah was not alone and neither are you!





A Mothers *Voice*

10th August 2026

Rest and Restoration

Isaiah 10:31

"Those who wait on the Lord shall renew their strength"

Your body tells you when you are feeling tired but we don't always listen to our body's.

We should take life at a more normal human pace and abide in the presence of God.

God rested on the seventh day (Genesis 2.2) you should rest too. You need rest from work even for a few hours. When you are exhausted, you are of no use to work yourself or anyone else including God. Life has become hectic.

God does not want you tired he wants you to prosper in everything you do and in health, you can not prosper when you are exhausted.

Give your schedule to Jesus and wait for his direction; those who wait on the Lord shall renew their strength.





A Mothers *Voice*

17th August 2026

Change

Through life, we want to keep things the same and do keeps things the same including people who we want around us. We need to except change , be ready for change, and want to make changes.

You may not know what is going to change, but you can put things in place that will help you to deal with it when it comes.

It's like when we save for the future for our children, for our pensions, or for personal reasons, this is not always possible, but we can start planning.

God is at your side, you can be successful, and with your family you can adjust your course whenever necessary.

FOR IT IS GOD
WHO WORKS IN YOU,
BOTH TO WILL AND
TO WORK FOR
HIS GOOD PLEASURE.

PHILIPPIANS 2:13



There will be lots of changes in your life, some we don't like but we adjust and accept.

God has your best interest at heart.



A Mothers *Voice*

24th August 2026

God Can Heal You

At the proper time we will reap. If we do not give up. (Galatians 6.9)



God can heal us in different ways, He may heal someone instantly and at other times over time but He is healing us, you need to believe in His ability to heal.

When you pray for healing and it does not happen straight away it does not mean that God wants you to suffer, it means God is healing you but over time, take Him at His word, by believing you are getting better day by day.

**Pray and ask God to heal you.
Believe and you will be healed.**