



A Mothers *Voice*

6th July 2026

Do You Know Who You Are

1 Corinthians 15:10

"By the Grace of God I am what I am"

Who are you?

Who you think you are, others may look at you differently, the way you present yourself to the world.

How you look towards work colleagues, family or friends.

What is your purpose?

What are you about?

What is your vision?

What is important to you in life and how others see you?

We sometimes live our lives on what other people think we should be or do.

We follow the paths of others, then we become disappointed in life.

Do what you think is right and what you actually want to do.

You may not always get it right but this is how you learn.

Know who you are.

You are you!



**YOU
GOT
THIS!**



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13th July 2026

A True Friendship

When you have made a mess of something and felt embarrassed and feel like a fool, your friend will still believe in you and will reassure you.

The Bible says "There are friends who destroy each other, but real friends stick closer than a brother" (**Proverbs 18:24**)

A true friend will always be there for you when the good times are not and when you have nothing.

A true friend is someone who's there for you when you are on your way down, when everyone walks away from you. A true friend is always there for you.

The Bible says 'A friend is always loyal, and a brother is born to help in time of need (**Proverbs 17:17**).

If you have a friend like this in your life, they are a gift from God. Treasure them. Don't be a talker, be a gifter.

You be a true friend to someone today.



AS IRON SHARPENS IRON,
SO ONE MAN
SHARPENS ANOTHER.



PROVERBS 27:17



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20th July 2026

Emotions Matter

Ephesians 4.31

Don't be afraid to show your emotions. It's good to have a cry to release your feelings.

Jesus wept openly at the grave of his dear friend Lazarus (**John 11.35**)

God wants us to own our feelings, to understand how we feel at the time of sadness. It's very hard, but ask God for help and share with him your fears and emotions.

God will listen to your cries for help, He will give you everlasting joy!



**God will listen to your cries
for help, He will give you
everlasting joy!**



A Mothers *Voice*

27th July 2026

I want to share with you

Psalm 34:4-6

The Lord, a Provider and the one who rescues me.

I sought the Lord (on the authority of His word), and He answered me,
And delivered me from all my fears. **(Psalm 73:25 and Matthew 7:7)**

"I prayed to the Lord, and
he answered me. He freed
me from all my fears. Those
who look to him for help
will be radiant with joy; no
shadow of shame will
darken their faces. In my
desperation I prayed, and
the Lord listened; he saved
me from all my troubles."
Psalms 34:4-6 NLT

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They looked to Him and were radiant;
Their faces will never blush in shame or confusion.
This poor man cried, and the Lord heard him
And saved him from all his troubles.

